

Worry Gets In The Way Matthew 6:25-34

Don't Worry

Last month we looked a focus on material gain - **Matthew 6:19-24**

Today a similar look at focus on physical necessities

Both are about what controls our thinking and action

Many today are stressed with worry and concern regarding their daily lives.

Many become fearful of losing their health/life

Some are overwhelmed with such cares

Jesus says: "...do not be anxious about your life..."

To borrow a song "don't worry, (and you'll) be happy"

'Lesser to greater' argument

Food And Clothing

Don't let food and clothing distract from more important things in life - **Matthew 6:25; Luke 10:38-42**

Life & body more important than food & clothing

Who provides our lives and our bodies? God! - Greater to lesser

"He who has displayed so great goodness as to form the body, and breathe into it the breathe of life, will surely follow up the blessing, and confer the smaller favor of providing that the body be clothed, and that life preserved." (Barnes)

God will provide

Argument for confidence in providential care of God - **Matthew 6:26**

God's design included care for the birds (who cannot grow their own food)

They are very busy in preparation & gathering, but God does the providing - **Luke 12:16-21**

God through providence provides for birds, why not you? - **Matthew 10:29-31**

Why be overwhelmed (or even just 'whelmed') with these concerns? Why should they get in the way of God?

Growth And Health

Illustrates helplessness of man - **Matthew 6:27**

Worry (anxiety) does nothing to solve the problems we face

Steadily working can bring what we need, but the provision comes from God - **1Corinthians 3:6-7**

God will provide

Confidence in providential care of God - **Matthew 6:28-30**

You are created in image of God, designed to spend eternity with God? - **Philippians 4:11-13**

Lillies simply grow during their appointed time with no concern for when or how they will pass away. - **Daniel 12:8-13**

Just trust God!

Which Master Do You Serve?

People without God (Gentiles) naturally worry about these things - **Matthew 6:24**

God is our Heavenly Father, aware of needs, & able to provide! - **Matthew 6:31-32**

Let Him be our master

Search out His rule for our life - **Matthew 6:33**

God will provide physical needs, he is able & willing! - **Matthew 19:21; Luke 12:33-34; 1Timothy 6:17-19**

Just do today, tomorrow can wait for our focus - **Matthew 6:34**

With God in charge we need never 'worry' about tomorrow

No matter the struggle, He will care for us and our Heavenly Home awaits

Without Him our life is a constant struggle to survive.

We will fail and eternity only holds an even worse fate

God as our master will make all the difference